



St. Paul Eastside Y Sports Programs Schedule

2019 Session 5, October 21 - December 22

(651) 771-8881

ymcamn.org/eastside

www.facebook.com/eastsideymca

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the first week of each session.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

LEAGUES starting week of October 21

Girls Basketball League: grades 1-2

76_SP_3188_20_102219_YYD

St Paul Eastside YMCA

Tue 5:45 pm to 6:45 pm

\$100 member / \$125 non-member

Thu 5:45 pm to 6:45 pm

League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team

Boys Basketball League: grades 1-2

76_SP_3189_20_102219_YYD

St Paul Eastside YMCA

Tue 5:45 pm to 6:45 pm

\$100 member / \$125 non-member

Thu 5:45 pm to 6:45 pm

League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team

Girls Basketball League: grades 3-4

76_SP_3182_20_102219_YYD

St Paul Eastside YMCA

Tue 5:45 pm to 6:45 pm

\$100 member / \$125 non-member

Thu 5:45 pm to 6:45 pm

League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team

Boys Basketball League: grades 3-4

76_SP_3183_20_102219_YYD

St Paul Eastside YMCA

Tue 5:45 pm to 6:45 pm

\$100 member / \$125 non-member

Thu 5:45 pm to 6:45 pm

League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team

Girls Basketball League: grades 5-6

76_SP_3184_20_102219_YYD

St Paul Eastside YMCA

Tue 6:45 pm to 7:45 pm

\$100 member / \$125 non-member

Thu 6:45 pm to 7:45 pm

League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team

Boys Basketball League: grades 5-6

76_SP_3185_20_102219_YYD

St Paul Eastside YMCA

Tue 6:45 pm to 7:45 pm

\$100 member / \$125 non-member

Thu 6:45 pm to 7:45 pm

League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team

Girls Basketball League: grades 7-8

76_SP_3186_20_102219_YYD

St Paul Eastside YMCA

Tue 6:45 pm to 7:45 pm

\$100 member / \$125 non-member

Thu 6:45 pm to 7:45 pm

League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team

Boys Basketball League: grades 7-8

76_SP_3187_20_102219_YYD

St Paul Eastside YMCA

Tue 6:45 pm to 7:45 pm

\$100 member / \$125 non-member

Thu 6:45 pm to 7:45 pm

League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team

REGISTRATION BEGINS SEPTEMBER 3, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.

Futsal Soccer League: grades 1-2		76_SP_3796_10_102119_YYD
St Paul Eastside YMCA	Mon 5:45 pm to 6:45 pm Wed 5:45 pm to 6:45 pm	\$100 member / \$125 non-member
<i>League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team</i>		
Futsal Soccer League: grades 3-4		76_SP_3797_10_102119_YYD
St Paul Eastside YMCA	Mon 5:45 pm to 6:45 pm Wed 5:45 pm to 6:45 pm	\$100 member / \$125 non-member
<i>League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team</i>		
Futsal Soccer League: grades 5-6		76_SP_3798_10_102119_YYD
St Paul Eastside YMCA	Mon 6:45 pm to 7:45 pm Wed 6:45 pm to 7:45 pm	\$100 member / \$125 non-member
<i>League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team</i>		
Futsal Soccer League: grades 7-8		76_SP_3799_10_102119_YYD
St Paul Eastside YMCA	Mon 6:45 pm to 7:45 pm Wed 6:45 pm to 7:45 pm	\$100 member / \$125 non-member
<i>League requires travel to neighboring YMCA's for games. Boys and girls teams will be combined if there aren't enough players to field a full team</i>		

ADULT & HIGH SCHOOL LEAGUES starting week of October 21

Co-Ed Adult Basketball League		76 SP 3630 70 102719 YHL 76 SP 3630 71 102719 YHL
St Paul Eastside YMCA	Sun 3:00 pm to 8:00 pm	\$350 team / \$45 individual
<i>Game times may start earlier depending on number of teams signed up to play</i>		
Co-Ed Adult Futsal League		76 SP 3643 60 102619 YHL 76 SP 3643 61 102619 YHL
St Paul Eastside YMCA	Sat 3:00 pm to 8:00 pm	\$350 team / \$45 individual
<i>Game times may start earlier depending on number of teams signed up to play</i>		

CLASSES

Basketball Class: ages 4-5	Sat 11:00 am to 11:45 am	76_SP_3501_60_102619_YYD
St Paul Eastside YMCA	Class meets 8 times starting October 26	\$65 member / \$90 non-member
<i>Class may be combined with other age groups depending on registration numbers</i>		
Basketball Class: grades K-1	Sat 11:00 am to 11:45 am	76_SP_3502_60_102619_YYD
St Paul Eastside YMCA	Class meets 8 times starting October 26	\$65 member / \$90 non-member
<i>Class may be combined with other age groups depending on registration numbers</i>		
Basketball Class: grades 2-3	Sat 12:00 pm to 1:00 pm	76_SP_3503_60_102619_YYD
St Paul Eastside YMCA	Class meets 8 times starting October 26	\$65 member / \$90 non-member
<i>Class may be combined with other age groups depending on registration numbers</i>		
Soccer Class: ages 4-5	Sat 10:00 am to 10:45 am	76_SP_3543_60_102619_YYD
St Paul Eastside YMCA	Class meets 8 times starting October 26	\$65 member / \$90 non-member
<i>Class may be combined with other age groups depending on registration numbers</i>		
Soccer Class: grades K-1	Sat 10:00 am to 10:45 am	76_SP_3544_60_102619_YYD
St Paul Eastside YMCA	Class meets 8 times starting October 26	\$65 member / \$90 non-member
<i>Class may be combined with other age groups depending on registration numbers</i>		
Soccer Class: grades 2-3	Sat 11:00 am to 12:00 pm	76_SP_3545_60_102619_YYD
St Paul Eastside YMCA	Class meets 8 times starting October 26	\$65 member / \$90 non-member
<i>Class may be combined with other age groups depending on registration numbers</i>		

MARTIAL ARTS

Martial Arts: ages 4 - 6	December	76_SP_1238_10_120219_YYD
St Paul Eastside YMCA	Class meets Mon and Wed 7-7:45 PM	\$55 member / \$75 non-member
<i>This program is paid for monthly. Due to the holidays this program ends on December 18th.</i>		
Martial Arts: ages 4 - 6	November	76_SP_1238_11_110419_YYD
St Paul Eastside YMCA	Class meets Mon and Wed 7-7:45 PM	\$55 member / \$75 non-member
<i>This program is paid for monthly and starts and begins at the beginning of each month</i>		
Martial Arts: ages 12 - 18	November	76_SP_1238_13_110419_YYD
St Paul Eastside YMCA	Class meets Mon and Wed 7:45-8:30 PM	\$55 member / \$75 non-member
<i>This program is paid for monthly and starts and begins at the beginning of each month</i>		

REGISTRATION BEGINS SEPTEMBER 3, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.

Martial Arts: ages 7 - 11 St Paul Eastside YMCA <i>This program is paid for monthly and starts and begins at the beginning of each month</i>	November Class meets Mon and Wed 7:45-8:30 PM	76_SP_1238_12_110419_YYD \$55 member / \$75 non-member
Martial Arts: ages 4 - 6 St Paul Eastside YMCA <i>This program is paid for monthly and starts and begins at the beginning of each month</i>	October Class meets Mon and Wed 7-7:45	76_SP_1238_30_100219_YYD \$55 member / \$75 non-member
Martial Arts: ages 12 - 18 St Paul Eastside YMCA <i>This program is paid for monthly and starts and begins at the beginning of each month</i>	October Class meets Mon and Wed 7:45-8:30 PM	76_SP_1238_31_100219_YYD \$55 member / \$75 non-member
Martial Arts: ages 7 - 11 St Paul Eastside YMCA <i>This program is paid for monthly and starts and begins at the beginning of each month</i>	October Class meets Mon and Wed 7:45-8:30pm	76_SP_1238_32_100219_YYD \$55 member / \$75 non-member

PROGRAM LOCATIONS

St Paul Eastside YMCA 875 Arcade St	Saint Paul	MN	55106
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