



YMCA of the North Sports Programs Schedule

North, South, East, West Regions

2025 Session 4, September 1 - October 26

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the second week of the session on Friday.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

YOUTH LEAGUES starting week of September 1 Games/meets take place starting Week 3

Soccer

All Gender Ages 10 and under at Andover YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 10 and under at Burnsville YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 10 and under at White Bear Area YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 10 and under at Woodbury YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 10 and under at Burnsville YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 10 and under at Dick's House of Sport Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 10 and under at Shoreview YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 10 and under at Southdale YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 12 and under at Andover YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 12 and under at Burnsville YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 12 and under at White Bear Area YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member

REGISTRATION BEGINS JULY 16, 2025

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Class availability varies by location. Schedules subject to change. Please visit ymcanorth.org for updated class listings.

All Gender Ages 12 and under at Woodbury YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 12 and under at Burnsville YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 12 and under at Shoreview YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 12 and under at Southdale YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 12 and under at Dick's House of Sport Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 7:00 pm to 8:00 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at Andover YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at Burnsville YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at White Bear Area YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at Woodbury YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at Burnsville YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at Shoreview YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at Southdale YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 6:00 pm to 7:00 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at Dick's House of Sport Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 7:00 pm to 8:00 pm	\$119 member / \$149 non-member
All Gender Ages 8 and under at Andover YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 5:00 pm to 6:00 pm	\$119 member / \$149 non-member
All Gender Ages 8 and under at Burnsville YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 5:00 pm to 6:00 pm	\$119 member / \$149 non-member
All Gender Ages 8 and under at White Bear Area YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 5:00 pm to 6:00 pm	\$119 member / \$149 non-member
All Gender Ages 8 and under at Woodbury YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Mon 5:00 pm to 6:00 pm	\$119 member / \$149 non-member
All Gender Ages 8 and under at Burnsville YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 5:00 pm to 6:00 pm	\$119 member / \$149 non-member

All Gender Ages 8 and under at Dick's House of Sport Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 5:00 pm to 6:00 pm	\$119 member / \$149 non-member
All Gender Ages 8 and under at Shoreview YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 5:00 pm to 6:00 pm	\$119 member / \$149 non-member
All Gender Ages 8 and under at Southdale YMCA Games/meets take place on Saturdays <i>Allow transfers</i>	Tue 5:00 pm to 6:00 pm	\$119 member / \$149 non-member

Boys and Girls Leagues may be combined in cases of low registration.

ADULT & HIGH SCHOOL LEAGUE starting week of September 1

Adult

All Gender Racquetball League at Hudson YMCA <i>DOUBLES AND ADVANCED SINGLES MATCHES ON MONDAY, BEGINNERS AND INTERMEDIATE SINGLES MATCHES ON WEDNESDAY, MATCHES WILL RUN FROM 5- 9 PM</i>	Mon 5:00 pm to 9:00 pm	\$55 member / \$90 non-member
All Gender Volleyball League at Maplewood YMCA Community Center <i>Team rate only, competitive league only</i>	Wed 6:00 pm to 9:00 pm	\$400 team / \$65 individual
All Gender Volleyball League at Maplewood YMCA Community Center <i>Team rate only, rec league only</i>	Wed 6:00 pm to 9:00 pm	\$400 team / \$65 individual

CLASSES

No Classes Monday 9/1

Basketball

Basketball Class: grade K

Andover YMCA Class meets 8 times starting September 2	Tue 5:00 pm to 5:45 pm	\$84 member / \$109 non-member
Eagan YMCA Class meets 8 times starting September 3	Wed 4:00 pm to 4:45 pm	\$84 member / \$109 non-member
Burnsville YMCA Class meets 8 times starting September 4	Thu 4:00 pm to 4:45 pm	\$84 member / \$109 non-member
Hastings YMCA Class meets 8 times starting September 4	Thu 4:00 pm to 4:45 pm	\$84 member / \$109 non-member
Emma B Howe YMCA Class meets 8 times starting September 4	Thu 5:00 pm to 5:45 pm	\$84 member / \$109 non-member

Basketball Class: grade Pre-K

Eagan YMCA Class meets 8 times starting September 3 <i>End time 4:45PM</i>	Wed 4:00 pm to 4:30 pm	\$84 member / \$109 non-member
Burnsville YMCA Class meets 8 times starting September 4 <i>End time 4:45PM</i>	Thu 4:00 pm to 4:30 pm	\$84 member / \$109 non-member
Hastings YMCA Class meets 8 times starting September 4	Thu 4:00 pm to 4:30 pm	\$84 member / \$109 non-member

Basketball Class: grades 3-4

Andover YMCA Class meets 8 times starting September 2	Tue 7:00 pm to 8:00 pm	\$84 member / \$109 non-member
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REGISTRATION BEGINS JULY 16, 2025

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Class availability varies by location. Schedules subject to change. Please visit ymcanorth.org for updated class listings.

Eagan YMCA Class meets 8 times starting September 3	Wed 6:00 pm to 7:00 pm	\$84 member / \$109 non-member
White Bear Area YMCA Class meets 8 times starting September 3	Wed 6:30 pm to 7:30 pm	\$84 member / \$109 non-member
Burnsville YMCA Class meets 8 times starting September 4	Thu 6:00 pm to 7:00 pm	\$84 member / \$109 non-member
Hastings YMCA Class meets 8 times starting September 4	Thu 6:00 pm to 7:00 pm	\$84 member / \$109 non-member
Emma B Howe YMCA Class meets 8 times starting September 4	Thu 7:00 pm to 8:00 pm	\$84 member / \$109 non-member
Shoreview YMCA Class meets 7 times starting September 8	Mon 6:30 pm to 7:30 pm	\$74 member / \$95 non-member
Basketball Class: grades 1-2		
Andover YMCA Class meets 8 times starting September 2	Tue 6:00 pm to 7:00 pm	\$84 member / \$109 non-member
Eagan YMCA Class meets 8 times starting September 3	Wed 5:00 pm to 6:00 pm	\$84 member / \$109 non-member
White Bear Area YMCA Class meets 8 times starting September 3	Wed 5:30 pm to 6:30 pm	\$84 member / \$109 non-member
Burnsville YMCA Class meets 8 times starting September 4	Thu 5:00 pm to 6:00 pm	\$84 member / \$109 non-member
Hastings YMCA Class meets 8 times starting September 4	Thu 5:00 pm to 6:00 pm	\$84 member / \$109 non-member
Emma B Howe YMCA Class meets 8 times starting September 4	Thu 6:00 pm to 7:00 pm	\$84 member / \$109 non-member
Shoreview YMCA Class meets 7 times starting September 8	Mon 5:30 pm to 6:30 pm	\$74 member / \$95 non-member
Basketball Class: grades 5-6		
White Bear Area YMCA Class meets 8 times starting September 3	Wed 7:30 pm to 8:30 pm	\$84 member / \$109 non-member
Hastings YMCA Class meets 8 times starting September 4	Thu 6:00 pm to 7:00 pm	\$84 member / \$109 non-member
Shoreview YMCA Class meets 7 times starting September 8	Mon 7:30 pm to 8:30 pm	\$74 member / \$95 non-member
Basketball Class: grades 7-8		
White Bear Area YMCA Class meets 8 times starting September 3	Wed 7:30 pm to 8:30 pm	\$84 member / \$109 non-member
Hastings YMCA Class meets 8 times starting September 4	Thu 6:00 pm to 7:00 pm	\$84 member / \$109 non-member
Shoreview YMCA Class meets 7 times starting September 8	Mon 7:30 pm to 8:30 pm	\$74 member / \$95 non-member

Homeschool PE

Homeschool PE Class: grades 3-5

Elk River YMCA Class meets 8 times starting September 3	Wed 12:00 pm to 2:00 pm	\$84 member / \$109 non-member
Eagan YMCA Class meets 8 times starting September 3	Wed 1:00 pm to 3:00 pm	\$84 member / \$109 non-member
Andover YMCA Class meets 8 times starting September 4	Thu 10:00 am to 12:00 pm	\$84 member / \$109 non-member
Burnsville YMCA Class meets 8 times starting September 4	Thu 1:00 pm to 3:00 pm	\$84 member / \$109 non-member
Southdale YMCA Class meets 8 times starting September 4	Thu 1:00 pm to 3:00 pm	\$84 member / \$109 non-member
Andover YMCA Class meets 7 times starting September 8	Mon 10:00 am to 12:00 pm	\$74 member / \$95 non-member

Homeschool PE Class: grades 6-9

Elk River YMCA Class meets 8 times starting September 3	Wed 12:00 pm to 2:00 pm	\$84 member / \$109 non-member
Eagan YMCA Class meets 8 times starting September 3	Wed 1:00 pm to 3:00 pm	\$84 member / \$109 non-member
Andover YMCA Class meets 8 times starting September 4	Thu 10:00 am to 12:00 pm	\$84 member / \$109 non-member
Burnsville YMCA Class meets 8 times starting September 4	Thu 1:00 pm to 3:00 pm	\$84 member / \$109 non-member
Southdale YMCA Class meets 8 times starting September 4	Thu 1:00 pm to 3:00 pm	\$84 member / \$109 non-member
Andover YMCA Class meets 7 times starting September 8	Mon 10:00 am to 12:00 pm	\$74 member / \$95 non-member

Homeschool PE Class: grades K-2

Elk River YMCA Class meets 8 times starting September 3	Wed 12:00 pm to 2:00 pm	\$84 member / \$109 non-member
Eagan YMCA Class meets 8 times starting September 3	Wed 1:00 pm to 3:00 pm	\$84 member / \$109 non-member
Andover YMCA Class meets 8 times starting September 4	Thu 10:00 am to 12:00 pm	\$84 member / \$109 non-member
Burnsville YMCA Class meets 8 times starting September 4	Thu 1:00 pm to 3:00 pm	\$84 member / \$109 non-member
Southdale YMCA Class meets 8 times starting September 4	Thu 1:00 pm to 3:00 pm	\$84 member / \$109 non-member
Andover YMCA Class meets 7 times starting September 8	Mon 10:00 am to 12:00 pm	\$74 member / \$95 non-member

Racket Sports

REGISTRATION BEGINS JULY 16, 2025

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Class availability varies by location. Schedules subject to change. Please visit ymcanorth.org for updated class listings.

Pickleball Class: Advanced/Drills & Skills		
Hudson YMCA Class meets 8 times starting September 2	Tue 1:00 pm to 2:00 pm	\$84 member / \$109 non-member
Burnsville YMCA Class meets 8 times starting September 4	Thu 11:00 am to 12:00 pm	\$84 member / \$109 non-member
Southdale YMCA Class meets 8 times starting September 5	Fri 3:30 pm to 4:30 pm	\$84 member / \$109 non-member
Pickleball Class: Intermediate		
Woodbury YMCA Class meets 8 times starting September 4	Thu 8:00 am to 9:00 am	\$84 member / \$109 non-member
Burnsville YMCA Class meets 8 times starting September 4	Thu 9:45 am to 10:45 am	\$84 member / \$109 non-member
Southdale YMCA Class meets 8 times starting September 5	Fri 2:15 pm to 3:15 pm	\$84 member / \$109 non-member
Hastings YMCA Class meets 7 times starting September 8 <i>End time 12:45PM</i>	Mon 12:00 pm to 1:00 pm	\$74 member / \$95 non-member
Pickleball Class: Beginner		
Hudson YMCA Class meets 8 times starting September 2	Tue 2:10 pm to 3:10 pm	\$84 member / \$109 non-member
Burnsville YMCA Class meets 8 times starting September 4	Thu 8:30 am to 9:30 am	\$84 member / \$109 non-member
Woodbury YMCA Class meets 8 times starting September 4	Thu 9:15 am to 10:15 am	\$84 member / \$109 non-member
Southdale YMCA Class meets 8 times starting September 5	Fri 1:00 pm to 2:00 pm	\$84 member / \$109 non-member
Hastings YMCA Class meets 7 times starting September 8 <i>End time 12:00PM</i>	Mon 11:15 am to 12:15 pm	\$74 member / \$95 non-member
Soccer		
Soccer Class: ages 3-4		
Andover YMCA Class meets 8 times starting September 2	Tue 5:30 pm to 6:00 pm	\$84 member / \$109 non-member
White Bear Area YMCA Class meets 8 times starting September 2	Tue 5:30 pm to 6:00 pm	\$84 member / \$109 non-member
Shoreview YMCA Class meets 7 times starting September 8	Mon 5:30 pm to 6:00 pm	\$74 member / \$95 non-member
Southdale YMCA Class meets 7 times starting September 8	Mon 5:30 pm to 6:00 pm	\$74 member / \$95 non-member
Soccer Class: ages 5-6		
Andover YMCA Class meets 8 times starting September 2	Tue 6:15 pm to 7:00 pm	\$84 member / \$109 non-member

White Bear Area YMCA Class meets 8 times starting September 2	Tue 6:15 pm to 7:00 pm	\$84 member / \$109 non-member
Shoreview YMCA Class meets 7 times starting September 8	Mon 6:15 pm to 7:00 pm	\$74 member / \$95 non-member
Southdale YMCA Class meets 7 times starting September 8	Mon 6:15 pm to 7:00 pm	\$74 member / \$95 non-member

PROGRAM LOCATIONS

Andover YMCA 15200 Hanson Blvd NW	Andover	MN	55304
Burnsville YMCA 13850 Portland Ave S	Burnsville	MN	55337
Dick's House of Sport 12547 Ridgedale Center	Minnetonka	MN	55305
Eagan YMCA 550 Opperman Dr	Eagan	MN	55123
Elk River YMCA 13337 Business Center Dr NW	Elk River	MN	55330
Emma B Howe YMCA 8950 Springbrook Dr NW	Coon Rapids	MN	55433
Hastings YMCA 85 Pleasant Dr	Hastings	MN	55033
Hudson YMCA 2211 Vine St	Hudson	WI	54016
Maplewood YMCA Community Center 2100 White Bear Ave N	Maplewood	MN	55109
Shoreview YMCA 3760 Lexington Ave N	Shoreview	MN	55126
Southdale YMCA 7355 York Ave S	Edina	MN	55435
White Bear Area YMCA 2100 Orchard Ln	White Bear Lake	MN	55110
Woodbury YMCA 2175 Radio Drive	Woodbury	MN	55125