

Forest Lake

LAP POOL SCHEDULE

August 18th - August 24th

Monday - 18	Tuesday - 19	Wednesday - 20	Thursday - 21	Friday - 22	Saturday - 23	Sunday - 24
5:00am - 7:00am	5:00am - 7:45am	5:00am - 7:00am	5:00am - 7:45am	5:00am - 7:45am	Saturday - 23	Sulluay - 24
Lap Swim (3) Open Swim (1)	Lap Swim (3) Open Swim (1)	Lap Swim (3) Open Swim (1)	Lap Swim (3) Open Swim (1)	Lap Swim (3) Open Swim (1)	Pool Closed	Pool Closed
7.00 7.55		7.00 7.55			7.00 0.00	7.00 4.45
7:00am - 7:55am		7:00am - 7:55am			7:00am - 9:00am	7:00am - 4:45pm
Water X Class Lap Swim (1)	Safety Break	Water X Class	Safety Break	Safety Break	Lap Swim (3) Open Swim (1)	Lap Swim (3) Open Swim (1)
8:00am - 8:55am	8:00am - 8:55am	8:00am - 8:55am	8:00am - 8:55am	8:00am - 8:55am	Open ownii (1)	Open ownin (1)
Water X Class	Water X Class	Water X Class	Water X Class	Water X Class		
9:00am - 9:55am	9:00am - 9:55am	Safety Break 9:15am - 10:00am	9:00am - 9:55am	9:00am - 9:55am	9:00 - 12:30pm	
Water X Class	Water X Class	Lap Swim (3) Open Swim (1)	Water X Class	Water X Class	Lap Swim (1) Open Swim (2)	
Safety Break 9:55am - 10:30am	Safety Break 10:15am - 11am	Safety Break 10:15am - 12:00pm	Safety Break 10:15am - 11am	Safety Break 9:55am - 10:30am	Swim Lessons (1)	
10:30 - 1:00pm	Water X Class		Water X Class	10:30 - 11:00am		
	Lap Swim (2) 11am - 1:00pm	Lap Swim (2) Open Swim (1)	Lap Swim (2) 11am - 2:45pm			
Lap Swim (3)	Lap Swim (3)	Swim lessons (1)	Lap Swim (3)	Lap Swim (3)		
Open Swim (1)	Open Swim (1)		Open Swim (1)	Open Swim (1)		
		12:00 - 2:45pm				
		Lap Swim (3)			12:30 - 4:45pm	
1:00 pm - 3:00pm	1:00 pm - 3:00pm	Open Swim (1)			Lap Swim (3)	
Summer	Summer				Open Swim (1)	
Power (2)	Power (2)					
Lap Swim (2)	Lap Swim (2)					
0.00 5.00	0.00 5.00	2:45pm - 4:45pm	2:45pm - 4:45pm	2:45pm - 4:45pm		
3:00pm - 5:00pm	3:00pm - 5:00pm	Lap Swim (1)	Lap Swim (1)	Lap Swim (1)		
Lap Swim (1) Open Swim (1) LILA (2)	Lap Swim (1) Open Swim (1) LILA (2)	Open Swim (1) LILA (2)	Open Swim (1) LILA (2)	Open Swim (1) LILA (2)		
5:00pm - 8:45pm	5:00pm - 5:45pm Lap Swim (3)	4:45pm - 8:45pm	4:45pm - 5:45pm Lap Swim (3) Open Swim (1)	4:45pm - 5:45pm Lap Swim (3) Open Swim (1)		
Lap Swim (3)	Open Swim (1) Safety Break	Lap Swim (3)	Safety Break	5:45pm - 7:00pm		
Open Swim (1)	6:00pm - 7:05pm	Open Swim (1)	6:00pm - 7:05pm	Lap Swim (1) Open Swim (1)		
	Water X Class		Water X Class	Reserved (2)	Pool Closed	Pool Closed
	Safety Break 7:15pm - 8:45pm		Safety Break 7:15pm - 8:45pm	7:00pm - 8:45pm		
	Lap Swim (3) Open Swim (1)		Lap Swim (3) Open Swim (1)	Lap Swim (3) Open Swim (1)		
Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed		
During Languim	vou ere required to	share a lane with ano	ther autimmer if all	open ore full. This r	novinaluda airala a	winemaina Drivete

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming. Private swim lessons may need use of a lane during lap swim time. Maximum of 10 people per lane.

Pool Schedule is subject to change. Be sure to check the schedule each week as the schedule will differ from week to week.



Forest Lake

LEISURE POOL SCHEDULE

August 18th - August 24th

Monday - 18 Tuesday - 19 Wednesday - 20 Thursday - 21 Friday - 22 Saturday - 23 Sunday - 24	Manal 40	Toward 40	\\\ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Thursd C1	F.:: -1 - 00	0-4	0
Vortex Only 15+ Pool Closed						Saturday - 23	Sunday - 24
15+	5:00am - 7:15am	5:00am - 7:15am	5:00am - 7:15am	5:00am - 7:15am	5:00am - 7:15am		
Safety Break Open Swim O					Vortex Only 15+	Pool Closed	Pool Closed
Safety Break 9:00am - 10:00 9:00am - 10:00 Open Swim Swim Lessons Swim Lessons Swim Lessons Open Swim	7:15am - 9:00am	7:15am - 8:45am	7:15am - 9:00am	7:15am - 9:00am	7:15am - 9:00am		
9:00am - 10:00 Open Swim Open Swim Open Swim Swim Lessons Open Swim Open Swim Swim Lessons Open Swim Open Swim Swim Lessons Open Swim Swim Lessons Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	8:00am - 4:45pm	
10:00 - 10:30am	Open Swim	9:00am - 10:00 Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	9:00am - 4:45
1:00 pm - 3:00pm	10:00 - 1:00pm	10:00 - 1:00pm	10:00 - 10:30am	10:00 - 10:30am	10:00 - 1:45pm		Open Swim
1:00 pm - 3:00pm 1:00 pm - 3:00pm Summer Power Slide Open Open Swim Open Swi	Open Swim	Open Swim	10:30 - 1:45pm	10:30 - 1:45pm	Open Swim		
Summer Power Slide Open Safety Break 1:45 - 2:30pm Safety Break 1:45 - 2:30pm Safety Break 1:45 - 2:15pm Safety Break 1:45			Open Swim	Open Swim			
Power Slide Open Open Swim Slide Open Open Swim Slide Open Open Swim Slide Open Open Swim Open S	1:00 pm - 3:00pm	1:00 pm - 3:00pm					
Open Swim Open Swim 2:30pm - 6:00pm 3:00pm - 6:00pm 3:00pm - 6:00pm Open Swim Open Swim Open Swim Open Swim 5:00pm - 7:00pm Open Swim Safety Break 6:15pm - 8:00pm Safety Break 6:15pm - 8:00pm Safety Break 6:15pm - 8:00pm 6:15pm - 8:00pm Open Swim Open Swim 8:00pm - 8:45pm Vortex Only 15+ Vortex Only 15+ Vortex Only 15+ 15+ 15+	Power	Power		1:45 - 2:15pm	1:45 - 2:15pm		
Open Swim Open Swim Open Swim Open Swim Open Swim 5:00pm - 7:00pm 5:00pm - 7:00pm Open Swim Open Swim Slide Open Open Swim Slide Open 6:15pm - 8:00pm 6:15pm - 8:00pm 6:15pm - 8:00pm Open Swim Open Swim Open Swim 8:00pm - 8:45pm Vortex Only 15+	Open Swim	Open Swim	2:30pm - 6:00pm	2:15pm - 5:00pm	2:15pm - 8:00pm		
Safety Break Safety Break Safety Break Safety Break Side Open	3:00pm - 6:00pm	3:00pm - 6:00pm					
Safety Break Safety Break Safety Break Safety Break 6:15pm - 8:00pm 6:15pm - 8:00pm 6:15pm - 8:00pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
Safety Break Safety Break Safety Break Safety Break 6:15pm - 8:00pm 6:15pm - 8:00pm 6:15pm - 8:00pm 6:15pm - 8:00pm Pool Closed				5:00pm - 7:00pm			
6:15pm - 8:00pm 6:15pm - 8:00pm 6:15pm - 8:00pm Pool Closed Pool Closed 7:00pm - 800pm Open Swim 8:00pm - 8:45pm Vortex Only Vortex Only 15+ 15+ 15+ 8:00pm - 8:45pm Vortex Only 15+ 15+ 8:00pm - 8:45pm Vortex Only Vortex Only 15+ 15+ 8:00pm - 8:45pm Vortex Only Vortex Only Vortex Only 15+ 8:00pm - 8:45pm Vortex Only Vortex Only Vortex Only 15+ 8:00pm - 8:45pm Vortex Only Vortex Only Vortex Only 15+ 8:00pm - 8:45pm Vortex Only Vortex Only Vortex Only 15+ 8:00pm - 8:45pm Vortex Only Vortex Only Vortex Only 15+ 8:00pm - 8:45pm Vortex Only Vortex Only Vortex Only 15+ 8:00pm - 8:45pm Vortex Only Vortex Only Vortex Only 15+ 8:00pm - 8:45pm Vortex Only Vortex Only Vortex Only 15+ 8:00pm - 8:45pm Vortex Only Vortex Only Vortex Only Vortex Only 15+ 8:00pm - 8:45pm Vortex Only Vortex On							
8:00pm - 8:45pm				7:00pm - 800pm		Pool Closed	Pool Closed
Vortex Only Vortex Only Vortex Only Vortex Only 15+ 15+ 15+ 15+				Open Swim			
	Vortex Only	Vortex Only	Vortex Only	Vortex Only	Vortex Only		

Pool Schedule is subject to change. Be sure to check the schedule each week as the schedule will differ from week to week.



Forest Lake YMCA SPLASH DECK SCHEDULE 2025

May 24th - August 31st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 5:30 6:00 6:30 7:00 7:30 8:00 8:30 9:00 9:30	5:00am – 10:00am CLOSED	5:00am – 10:00am CLOSED	5:00am – 10:00am CLOSED	5:00am – 10:00am CLOSED	5:00am – 10:00am CLOSED	7:00am - 10:00am CLOSED	7:00am - 10:00am CLOSED
10:00 10:30 11:00 11:30 12:00 12:30 1:00	Member Hours 10:00am – 8:00pm	Member Hours 10:00am - 8:00pm	Member Hours 10:00am - 8:00pm	Member Hours 10:00am – 8:00pm	Member Hours 10:00am – 8:00pm	Member Hours 10:00am -	Member Hours 10:00am -
1:30 2:00 2:30	NOTE: Summer Power Programming at Splash Deck 1pm-3pm	NOTE: Summer Power Programming at Splash Deck 1pm-3pm				4:00pm	4:00pm
3:00 3:30 4:00 4:30						4:00pm - 5:00pm CLOSED	4:00pm - 5:00pm CLOSED
5:00 5:30 6:00							
6:30 7:00 7:30							
8:00 8:45	8:00pm - 9:00pm CLOSED	8:00pm - 9:00pm CLOSED	8:00pm - 9:00pm CLOSED	8:00pm - 9:00pm CLOSED	8:00pm - 9:00pm CLOSED		

^{**}Splash Deck Schedule is subject to change due to events, Holidays, weather, air temps and YMCA programming

PLEASE NOTE:

Summer Holiday Facility Hours

MEMORIAL DAY: CLOSED 4TH OF JULY: CLOSED LABOR DAY: CLOSED