



Hastings YMCA

POOL SCHEDULE

August 9-24

*Womens locker room closed Mon-Fri 1:30-2:30pm & 8:30pm

Saturday & Sunday 7-8am & 4:30pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:50am Open Swim Lap Swim (3)	5:00am - 7:25am Open Swim Lap Swim (3)	5:00am - 6:45am Open Swim Lap Swim (3)	5:00am - 7:25am Open Swim Lap Swim (3)	5:00am - 6:45am Open Swim Lap Swim (3)	CLOSED	CLOSED
8:00am-8:45am Water Ex Class <i>No Open Swim</i> <i>No Lap Swim</i>	7:25am-7:45am Closed (Lifeguard Break)	6:45am-7:05am Closed (Lifeguard Break)	7:25am-7:45am Closed (Lifeguard Break)	6:45am-7:05am Closed (Lifeguard Break)	7:00am - 7:50am Open Swim Lap Swim (3)	7:00am - 12:00pm Open Swim Lap Swim (3)
8:35am-10:20am Swim Lessons	7:45am-9:05am Open Swim Lap Swim (3)	7:05-7:50am Open Swim Lap Swim (3)	7:45am-9:05am Open Swim Lap Swim (3)	7:05am-7:50am Open Swim Lap Swim (3)		
8:35am-10:05am Open Swim Lap Swim (3)	8:35am-10:00am Swim Lessons Open Swim Lap Swim (3)	8:00am-8:45am Water Ex Class <i>No Open Swim</i> <i>No Lap Swim</i>	8:35am-10:00am Swim Lessons Open Swim Lap Swim (3)	8:00am-8:45am Water Ex Class <i>No Open Swim</i> <i>No Lap Swim</i>		12:00pm-1:15pm Swim Lessons (Ending 8/10)
10:15am-11:00am Water Ex Class Swim Lessons <i>No Open Swim</i> <i>No Lap Swim</i>	10:00am-12:15pm Swim Lessons Courage Kenny (1) Open Swim Lap Swim (2)	8:35am-10:20am Swim Lessons	10:00am-12:15pm Swim Lessons Courage Kenny (1) Open Swim Lap Swim (2)	8:45am-10:05am Open Swim Lap Swim (3)		
11:00am-1:00pm Open Swim Lap Swim (3)	10:00am-1:30pm Courage Kenny (1) Open Swim Lap Swim (2)	8:35am-10:05am Open Swim Lap Swim (3)	10:30-11:00am Courage Kenny (1) Open Swim Lap Swim (2)	10:15am-11:00am Water Ex Class <i>No Open Swim</i> <i>No Lap Swim</i>		
1:00pm-1:20pm Closed (Lifeguard Break)	12:15pm-1:30pm Summer Programming Courage Kenny (1) Lap Swim (2) <i>NO OPEN SWIM</i>	10:15am-11:00am Water Ex Class <i>No Open Swim</i> <i>No Lap Swim</i>	11:00-1:30pm Summer Programming Courage Kenny (1) Lap Swim (2) <i>NO OPEN SWIM</i>	11:00am-12:00pm Open Swim Lap Swim (3)		1:15pm-2:50pm Swim Lessons (2) Open Swim Lap Swim (1) (Ending 8/10)
1:20pm-4:00pm Open Swim Lap Swim (3)	12:15pm-2:15pm Summer Programming Lap Swim (2) <i>NO OPEN SWIM</i>	11:00am-1:00pm Open Swim Lap Swim (3)	1:30-2:20pm Summer Programming Lap Swim (3) <i>NO OPEN SWIM</i>	12:00-2:20pm Summer Programming Courage Kenny (1) Lap Swim (2) <i>NO OPEN SWIM</i>		
4:35pm-5:40pm Swim Lessons (2) Lap Swim (1) Open Swim	2:15pm-4:00pm Lap Swim (3) Open Swim	1:00pm-2:00pm Summer Programming Courage Kenny (1) Lap Swim (2) <i>NO OPEN SWIM</i>	2:20-4:00pm Open Swim Lap Swim (3)	1:15pm-2:20pm Courage Kenny (1) Lap Swim (2)	9:00am-11:00am Swim Lessons (Ending 8/10)	
5:40-6:15pm Swim Lessons <i>No Open Swim</i> <i>No Lap Swim</i>	4:35pm-5:40pm Swim Lessons (2) Open Swim Lap Swim (1)	2:00pm-2:20pm Summer Programming Courage Kenny (1) Lap Swim (2) <i>NO OPEN SWIM</i>	4:35pm-5:40pm Swim Lessons (2) Open Swim Lap Swim (1)	2:20-5:00pm Courage Kenny (1) Lap Swim (2) Open Swim	11:00am-4:45pm Open Swim Lap Swim (3)	2:50pm-4:45pm Open Swim Lap Swim (3)
5:45pm-6:30pm Water Ex Class <i>No Open Swim</i> <i>No Lap Swim</i>	5:40pm-6:15pm Swim Lessons Open Swim Lap Swim (3)	2:20pm-4:00pm Courage Kenny (1) Open Swim Lap Swim (2)	5:40pm-6:15pm Swim Lessons <i>No Open Swim</i> <i>No Lap Swim</i>	5:00pm-8:45pm Open Swim Lap Swim (3)		
6:30pm-8:45pm Open Swim Lap Swim (3)	6:15pm-8:45pm Open Swim Lap Swim (3)	4:35pm-5:40pm Swim Lessons (2) Lap Swim (1) Open Swim	5:45pm-6:30pm Water Ex <i>No Open Swim</i> <i>No Lap Swim</i>		4:45pm CLOSED	4:45pm CLOSED
8:45 CLOSED		5:40pm-6:15pm Swim Lessons Open Swim Lap Swim (3)	6:30-8:45pm Open Swim Lap Swim (3)	8:45pm CLOSED		
	8:45pm CLOSED	6:15pm-8:45pm Open Swim Lap Swim (3)	8:45pm CLOSED			
		8:45pm CLOSED				

Pool Schedule subject to change without notice.

Lap Swimmers/Walkers may be expected to share a lane during busier hours

*Numbers in parenthesis are the number of lanes available for each activity

NO Reservations Required (Except Water Ex Classes)

*NO OPEN SWIM DURING SUMMER PROGRAMMING. LAP SWIM/WALKING ONLY. NO EXCEPTIONS *



Hastings YMCA

Hot Tub & Sauna SCHEDULE

July 7-August 30

*Schedule subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 1:00pm Hot Tub Sauna	5:00am - 7:45am Hot Tub Sauna	5:00am - 6:45am Hot Tub Sauna	5:00am - 7:25am Hot Tub Sauna	5:00am - 6:45am Hot Tub Sauna	CLOSED	CLOSED
					7:00am-4:45am Hot Tub Sauna	7:00am-4:45am Hot Tub Sauna
1:00pm-1:20pm Aquatics Area Closed	7:25am-7:45am Aquatics Area Closed	6:45am-7:05am Aquatics Area Closed	7:25am-7:45am Aquatics Area Closed	6:45am-7:05am Aquatics Area Closed		
1:20pm-8:45pm Hot Tub Sauna	7:45am-8:45pm Hot Tub Sauna	6:45am-8:45pm Hot Tub Sauna	7:45am-12:45pm Hot Tub Sauna	7:05am-8:45pm Hot Tub Sauna	4:45pm Closed	
			12:45-3:45 Hot Tub Closed			
			12:45pm-3:45pm Sauna <i>Only</i>			
			3:45-8:45pm Hot Tub Sauna			
	8:45pm Closed	8:45pm Closed		8:45pm Closed		4:45pm Closed
8:45pm Closed			8:45pm Closed			

For most up to date schedule, please check online: https://www.ymcanorth.org/all_y_schedules/pdf_schedules

Aquatics Area is subject to close without notice.