



New Hope YMCA

GYM SCHEDULE

April 1st - May 2nd

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym
5:00	Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		CLOSED		CLOSED	
5:30														
6:00														
6:30														
7:00														
7:30	Drop-in Open Gym 6:30am-9:30am	Childcare Programs 6:30am-9:30am			Drop-in Open Gym 6:30am-9:30am	Childcare Programs 6:30am-9:30am			Drop-in Open Gym 6:30am-9:30am	Childcare Programs 6:30am-9:30am				
8:00														
8:30														
9:00														
9:30														
10:00	Drop-in Pickleball 10:00am-12:00pm				Drop-in Pickleball 10:00am-12:00pm				Drop-in Pickleball 10:00am-12:00pm					
10:30														
11:00														
11:30			Drop-in Open Gym 6:30am-5:00pm	Childcare Programs 6:30am-5:00pm										
12:00														
12:30											Drop-in Pickleball 12:00pm-2:00pm		12:00pm-2:30pm Drop-In Open Gym	
1:00														
1:30														
2:00	Drop-in Open Gym 12:00pm-5:00pm	Childcare Programs 12:00pm-5:00pm			Drop-in Open Gym 12:00pm-5:00pm	Childcare Programs 12:00pm-5:00pm	Drop-in Pickleball 1:00pm-3:00pm		Drop-in Open Gym 12:00pm-5:00pm	Childcare Programs 12:00pm-5:00pm				
2:30														
3:00														
3:30											2:30pm-4:30pm Family Gym		2:30pm-4:30pm Family Gym	
4:00														
4:30														
5:00											4:30pm-5:00pm Closed		4:30pm-5:00pm Closed	
5:30	Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-6:30pm		Drop-in Open Gym 5:00pm-8:30pm				Drop-in Open Gym 5:00pm-8:30pm					
6:00														
6:30			Youth Sports 6:30pm-8:00pm											
7:00							Youth Sports 5:30pm-9:00pm							
7:30														
8:00			Drop-in Open Gym 8:00pm-8:30pm								CLOSED		CLOSED	
8:30														
9:00	8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed					

Entire Gym Closed:
4/10/24 8:00am-9:30am, 1:00pm-3:00pm
4/27/2024 Gym Closed All Day.

Last Updated: 4/1/2024